

# PUSH Protocol

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## Enteral Nutrition

- Pour 3-4 oz of water into a graduate
- Add 1 packet of PUSH. Let sit for 30 seconds and then stir to dissolve powder. Look visually for clumps and stir as necessary.
- Stir then suction via piston syringe and add through G-tube
- Flush G-tube with 60cc of water to eliminate any possible build-up in the lumen

## Oral Nutrition

- Pour 3-4 oz of water into a cup
- Add 1 packet of PUSH. Let sit for 30 seconds and then stir to dissolve powder. Look visually for clumps and stir as necessary
- Give to patient to drink

