



Easy to Mix



Elemental Calcium**



Vitamin D₃

Nutrition Facts

114 servings per container	
Serving size 1 Scoop (5g)	
Amount per serving	
Calories	10
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 13mcg (500 IU)	70%
Calcium 500mg (Elemental)**	40%
Iron 0mg	0%
Potassium 0mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

+ Benefits

- 500mg of elemental Calcium and 500IU of Vitamin D₃ in every serving
- Added Vitamin D₃ to increase calcium absorption
- Eliminates swallowing large pills
- Easily blends into any liquid or soft food
- Ideal for people with osteoporosis and for pre/post gastric bypass surgery
- Gentle on the stomach, does not require as much stomach acid
- Non-constipating
- Taste & odor free

Applications

- Hot beverages: coffee, tea, hot cocoa, etc.
- Cold beverages: juice, water, iced tea, etc.
- Snack foods: yogurt, oatmeal, pudding, etc.
- Sauces, gravies and dressings
- Add to water flushes for enterally fed patients
- Add to med pass supplements

INGREDIENTS: Calcium Citrate, Dextrose, and Vitamin D₃

▲ No Artificial Flavors or Colors

▲ No Preservatives

▲ Yeast & Gluten Free

**Elemental calcium is the amount actually absorbed

Made to U.S. pharmacopeia (USP) quality, purity, and potency standards.

INSTRUCTIONS

Stir one serving of UpCal D® into 2-8 oz of any beverage or soft food.

UPcal D®

GH84: 6 - 20 oz cans/cs
GH85: 480 packets (bulk)

Global Health Products
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