



Easy to Mix



Elemental Calcium**



Vitamin D₃

UpCal D[®] Powdered Calcium + Vitamin D₃

+ Benefits

- 500mg of elemental Calcium and 500IU of Vitamin D₃ in every serving
- Added Vitamin D₃ to increase calcium absorption
- Eliminates swallowing large pills
- Easily blends into any liquid or soft food
- Ideal for people with osteoporosis and for pre/post gastric bypass surgery
- Gentle on the stomach, does not require as much stomach acid
- Non-constipating
- Taste & odor free

+ Applications

- Hot beverages: coffee, tea and cocoa
- Cold beverages: juice, water and iced tea
- Snack foods: yogurt, oatmeal and pudding
- Sauces, gravies and dressings
- Baked goods
- Add to med pass supplements

Nutrition Facts

114 servings per container	
Serving size	1 Scoop (5g)
Amount per serving	
Calories	10
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 13mcg (500 IU)	70%
Calcium 500mg (Elemental)**	40%
Iron 0mg	0%
Potassium 0mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Calcium Citrate, Dextrose, and Vitamin D₃

Directions: Add to your favorite food or drink

No Added: Preservatives, dyes or flavors

Gulden & Yeast Free

Product Numbers:

GH84: 6 - 20 oz cans/cs

GH85: 480 packets (bulk)

****Elemental calcium is the amount actually absorbed**

Made to U.S. pharmacopeia (USP) quality, purity, and potency standards.

